Achieving Behavioral Change: Household Adoption of Energy-Efficient Technologies

Congressional Workshop Social Science Insights for Energy Efficiency

Cannon House Office Building Washington DC October 5, 2009

Paul C. Stern
U.S. National Research Council

Outline

- Why social science (beyond economics) is needed
- The importance of non-financial factors to financial incentive programs for household energy efficiency
- Grading some current incentive programs
- Implications for policy

Why social science is needed

- Policies have fallen far short of what they promise (i.e., the energy efficiency gap)
- Policies rely on an overly narrow model of behavior (Physical-Technical-Economic model)
- These policies neglect important non-financial influences on behavior (e.g., agency issues, costs of acquiring information, access to trustworthy products/services): There are good reasons people fail to do what saves money
- Effective policies address both financial and nonfinancial barriers to adoption of technology
- Barriers and best policies are specific to the household and the action
- Research is needed to identify the key barriers

Why focus on household efficiency?

- That's where most of the near-term potential savings lie
- Efficiency is not perceived as involving loss of well-being
- It's not only a matter of money: There are important lessons from beyond economics

Importance of Non-Financial Factors: Three incentive programs from the early 1980s

Program	Incentive	Median Adoption (%/yr)	Lowest Adoption rate	Highest Adoption rate	Highest/ Lowest ratio
NY program (1978-84)	Modest loan subsidy	0.12	0.01	0.51	51.0
BPA pilot program	Long- term 0% loan	4.4	8.0	10.4	13.0
BPA interim program	Grant of ~93% of cost	8.6	1.4	19.3	13.8

Lessons from the '80s

- Incentives necessary for inducing investment
- Non-financial factors are key barriers to action
- Incentives have an information function—they need to be large enough to get attention
- Incentives often work best when combined with other approaches. These include:
 - Marketing to get the incentives noticed (including social marketing)
 - Make the program convenient to use
 - Ensure accessible information about the desired action (how to do it, what to expect)
 - Provide for quality assurance that the products or services will produce as promised
- Continually reassess programs

Grading some recent programs: Cash for Clunkers (CARS)

Grades on policy criteria

Environmental effectiveness: C (cars purchased exceeded fleet average only moderately)

Cost-effectiveness: D

Grading Cash for Clunkers

Grades on behavioral criteria

Increase in new vehicle sales: A

- Marketing: A+ (media saturation, at no cost to taxpayers)
- Convenience: A (one-stop shopping, no paperwork for consumers, instant rebate)
- Information: A
- Quality assurance: A (easy to learn quality of cars)

Grading the 30% residential energy efficiency tax credit

Behavioral criteria

Increased investment in retrofits: Unknown so far

- Marketing: D (how many know about it?)
- Convenience: C (save receipts, file return next year, wait to collect)
- Information: B (fairly clear procedure to get credit)
- Quality assurance: D (shopping for retrofits is difficult)

Grading residential solar photovoltaic incentives (NJ)

Behavioral criteria

Investments in solar: Unknown so far

- Marketing: D (every state different, few if any advertise)
- Convenience: F (state credits + renewable energy credits traded in market, complicated application procedure, deadline to complete)
- Information: D (complicated program, information hard to understand; must depend on installer)
- Quality assurance: F (state lists contractors; caveat emptor)

Some lessons

- Even with strong financial incentives,
 there are good reasons people fail to act
- It's not that they need to be persuaded
- It's not only about the money

Bottom line: It's not easy being green!



A policy strategy for energy efficiency: Make it easier

- Provide trustworthy, credible information on the costs and environmental/social effectiveness of these actions
- Find and address all the barriers to change, as for closing the efficiency gap (not just technical and financial barriers)
- Develop, test, evaluate

A policy strategy for energy efficiency: Make it easier

- Marketing
 - Create incentives to get vendors to do marketing
 - Look for opportunities for word of mouth
- Convenience
 - Design program from consumer's standpoint; minimize hoops
- Information
 - Develop credible information on effects of home retrofits
 - Invest in making information accessible and clear
 - Provide information on effects after the fact
- Quality assurance
 - Develop systems for rating service providers
 - Inspections of work

Strategy for finding effective policies

The details vary. So you need to do homework (i.e., research)

- Identify behaviors with greatest carbon impact (and who the key actors are)
- Identify the barriers to adoption for each target behavior
- Address multiple barriers with multiple interventions and targets—"full court press"
- Full-court press is behavior specific

Some promising possibilities: Developing information

- Develop credible measures of energy cost of home occupancy for houses, apartments
- Improve feedback devices, including for efficiency investments, to publicize savings
- Human factors design for smart meters

Some promising possibilities: Policy ideas

- Invisible loans: Low-interest loan paid in utility bill so that monthly bill is lower
- Home energy cost of occupancy disclosure requirement at transfer (this can create an incentive for rentals)
- Combine above with invisible loans
- Cash for appliance clunkers

And others...

Sources and contact information

- G.T. Gardner and P.C. Stern, *Environmental Problems and Human Behavior*, 2nd ed. Pearson Custom Publishing, 2002.
- P.C. Stern, Environmentally significant behavior in the home. Pp. 363-382 in A. Lewis, ed., *The Cambridge Handbook of Psychology and Economic Behaviour*, Cambridge, U.K.: Cambridge University Press, 2008.
- Gardner, G.T., and Stern, P.C. The short list: Most Effective Actions U.S. Households Can Take to Limit Climate Change. *Environment*, 2008, 50(5), 13-24.
- T. Dietz, G.T. Gardner, J. Gilligan, P.C. Stern, and M. Vandenbergh, Household actions can provide a behavioral wedge to rapidly reduce U.S. carbon emissions, *Proceedings of the National Academy of Sciences*, in press.

Contact: Paul C. Stern U.S. National Research Council, Washington DC pstern@nas.edu